

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I treat others with kindness and respect.	2 I respect myself and my choices.	3 I value the differences that make people unique.	4 I speak to others in a caring way.	5 I listen when others are speaking.	6 I show respect through my actions.	7 I choose kindness even when I am upset.
8 I make others feel included.	9 I respect different opinions.	10 I use my words to build people up.	11 I treat people the way I want to be treated.	12 I can disagree without being disrespectful.	13 I appreciate what others bring to the world.	14 I show respect by being honest.
15 I honor the feelings of others.	16 I am kind to myself.	17 I respect people's boundaries.	18 I choose patience with others.	19 I see the good in people.	20 I help create a respectful classroom.	21 I use my voice in a positive way.
22 I respect effort, even when things are not perfect.	23 I celebrate others' success.	24 I choose compassion over criticism.	25 I show respect by being responsible.	26 I make people feel seen and valued.	27 I am thoughtful with my words.	28 I can lift others up.



The Rose of Respect
(Renaissance, c. 1300–1600 CE)

During the Renaissance, a time of creativity and human growth, people began to value the dignity and potential of every individual. The rose symbolizes respect, kindness, and humanity. This month, we focus on honoring others and appreciating differences.