November 10, 2026

Good morning, IS 201! My name is Hana from class 831, and I am here with you this Talk A Lot Tuesday on behalf of the SEAL Team.

Today, November 10th, we are celebrating National Young Readers Day! This special day reminds us of the importance of reading and how books can inspire our imagination, expand our knowledge, and help us see the world from different perspectives. Whether you enjoy mysteries, adventures, fantasy, or graphic novels, reading is a great way to explore new ideas and discover something exciting. Even reading for just a few minutes each day can help improve your vocabulary, creativity, and communication skills.

Here at IS 201, the SEAL Team, which stands for Social Emotional Awareness Leadership Team, encourages everyone to use reading as a way to build empathy and understand the feelings and experiences of others. Books allow us to step into someone else's shoes and learn valuable lessons about kindness, respect, and friendship.

The affirmation of the day is, “I use my words to build people up.”

Thanks for listening and have a Turn the Page Tuesday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile