

October 30, 2026

Good morning, IS 201! My name is Leilani from class 831, and I am here with you on behalf of the SEAL Team for this Friday Focus!

With Halloween just one day away, here's a quick Halloween fact you might not know: jack-o'-lanterns weren't always made from pumpkins! The tradition began in Ireland, where people carved faces into turnips and other vegetables.

When the tradition came to America, pumpkins were easier to find and much better for carving, which helped turn the pumpkin jack-o'-lantern into the Halloween tradition we know today.

So, while you're seeing pumpkins and Halloween decorations everywhere this weekend, remember that many of the traditions we celebrate today have been passed down and changed over hundreds of years. It's pretty cool to think that something as simple as carving a pumpkin has a whole history behind it.

Have a fun and safe Halloween weekend, and we'll see you Monday!

The affirmation of the day is, “I can be brave and kind at the same time.”

Thank you for listening and have a Fright Fest Friday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

