## May 16, 2024

Good morning! It's Micah from 731 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Today is a special day as we observe Global Accessibility Awareness Day. This day reminds us of the importance of making the world more inclusive and accessible for everyone, regardless of their abilities. It's a chance for us to reflect on how we can create environments that welcome and support individuals of all backgrounds and needs. Whether it's in our classrooms, workplaces, or communities, let's strive to make accessibility a priority, ensuring that everyone can fully participate and contribute.

Let's also take this opportunity to practice empathy and understanding towards others. Let's embrace diversity and recognize the unique strengths and perspectives that everyone brings. Together, we can build a more inclusive society where everyone feels valued and respected. Remember, as Helen Keller once said, "Alone we can do so little; together we can do so much." So let's work hand in hand to create a world where everyone can thrive.

Thanks for listening and have a Truly Equitable Thursday 😇

Affirmation of the Day: I will offer support and understanding to those in need.

SEAL Team pledge:

We are the Dyker S.E.A.L. Team Positivity is our dream We teach it every day To help others live the optimistic way We learn to control our emotions and feelings So, we always have effective social dealings No stone left unturned; no person left behind Every member of our team has the power to be kind We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

