

February 3, 2025

Rise and shine, I.S.201! This is William Chen of class 752 here speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team.

We are officially in the month of February, which means that we are nearly halfway through the school year! Because we are approaching the second half of the school year, this means that as students, we will likely be absorbing a lot of new material that we don't understand at all. But that is perfectly normal. We will all at some point hit a plateau where we absolutely don't understand a topic or concept. The solution to understanding something we don't quite understand yet, is to persevere and be resilient. As the philosopher Confucius once said, "It does not matter how slowly you go as long as you do not stop." This quote shows the importance of exponential growth, and being consistent to achieve the things you care about.

Thanks for listening and have a Multipurpose Monday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

