September 21, 2022

Good morning IS 201. It's Sophia Giannone from class 731 speaking to you on today's "Words of Wisdom Wednesday" Did you know today is International Day of Peace and is observed all around the world. With peace as the theme of the day, I would like to share a quote on it on behalf of the S.E.A.L team. This quote is from Mother Teresa - "Peace begins with a smile." It's a short quote but, has a much bigger meaning. A simple gesture such as a smile has a calming effect on you and others. Smiling also makes you approachable to others. With a smile, people are more likely to respond in a positive and peaceful manner. The S.E.A.L. encourages you to smile to the people around you and notice the peaceful and positive vibe it gives out.

Thanks for listening.

At this time, please take out your pocket pledge. Let's recite it together.

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

Have a warm and fuzzy Wednesday IS 201.

