

January 25, 2024

Good morning! It's Jason from 752 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

I want to introduce you to an important challenge. It's called the "I Challenge Biases" initiative. What this means is that we're going to pay attention to, and try to change, any unfair thoughts or ideas we might have about other people because they're different from us.

Let's start with a powerful quote from Mahatma Gandhi: "Our ability to reach unity in diversity will be the beauty and the test of our civilization." This quote is perfect for us because it tells us that being different isn't bad; it's what makes our school and world interesting and beautiful. The first step in this challenge is about looking inside ourselves. Are there times when we assume things about others just because they don't look, talk, or think like us? We need to identify these thoughts and understand why they're not fair.

The second part of this challenge is about action. When we hear or see unfair treatment or words because someone is different, it's up to us to speak up. It's about having conversations that help us understand and respect each other's differences. Every effort we make, no matter how small, can lead to big changes in our school and community. So, let's embrace this challenge, learn from each other, and work together to make our school a place where everyone feels respected and valued.

Thanks for listening have a Take Action Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

