## May 9, 2025

Good morning I.S.201! This is Grace Zhang from class 732, here with you on behalf of the S.E.A.L. Team.

There really aren't any shortcuts in life because the best things take time and hard work. If you try to rush through something just to get it done, you might miss out on learning something important. For example, if you don't study for a test and just cheat off a friend, it might work that one time, but you won't actually understand the material. Later on, when things get harder, you'll struggle because you didn't take the time to learn the basics.

Also, when you take shortcuts, you don't get the same feeling of pride. It feels way better to know you earned something because you worked hard for it. In the end, learning to not cut corners or take shortcuts is important. It teaches you responsibility, not giving up, and solving problems. So instead of looking for the easy way out, it's better to do your best and keep going, because that's how you really grow and succeed.

The affirmation of the day is, "I am inspired to take action and make a change."

Thanks for listening and have a Forget the Shortcuts Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team Positivity is our dream We teach it every day To help others live the optimistic way We learn to control our emotions and feelings So, we always have effective social dealings No stone left unturned; no person left behind Every member of our team has the power to be kind We spread kindness to our friends, families, and those who need a smile When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

