

December 3, 2021

Good Morning Dyker! It's Jessica Mesiha from class 851 back at it for the daily dictions of Dyker from the SEAL team! Today I'd like to discuss the topic- of never stopping no matter what until you are proud of yourself. Whatever you are doing, working on, or improving, don't stop and never give up until you are satisfied and proud.

I believe self-validation is incredibly important. Let me explain what I mean! Sometimes, we tend to let others' opinions mess with the thing we're working on. Someone might say that this something is really good the way it is, or maybe even the opposite. They could say that it is not the best and needs improving, but we should not let these people change our opinion on our project. We're the ones who decide that. So, do not let anyone mess with your head like that. Be proud of yourself.

That's it for today's announcement! Let's recite our cheer together 😊

-Recite

Have a great weekend!!!

December 10, 2021

Good morning Dyker! It's Jessica Mesiha from class 851 again for the daily dictions of Dyker from the SEAL team! We're going to go along the lines of the last two days focus... Today we will be talking about achieving your life goals, or you can say what motivates you to achieve this.

Life goals in general are very important because they allow you to have something to push you forward and do better. Goals keep your brain occupied with something so you are never have a reason to be lazy at any point. You keep working and working towards this goal for long periods of time until you finally reach it, and that brings a large amount of satisfaction. It becomes a great motivator in life. You never want to give up until you achieve this objective. It's never too late to have a new goal! It's always a fresh start. Push yourself, and in the end you won't be disappointed! Keep what I said in mind.

That's all for now. Let's say our cheer together!

-Recite

Have a great weekend☺

December 17, 2021

Good Morning Dyker!! This week I want to discuss a vocabulary word. This word means to be an embodiment. It's a person or thing that is the perfect example of a particular quality! We're talking about the word epitome!

This word could be used in both a positive and negative connotation. For example you could be the epitome of something bad like anger if you're angry all the time or maybe even procrastination if you like to delay your work all the time. This isn't what we want to do though!

We want to be the epitome of something good! A Dyker Knight must be the epitome of respectfulness and kindness! We have to respect all people's boundaries. Be kind to every single person in this building. Be a role model for the younger kids. These might be the sixth graders in this building or if you're a sixth grader you could of course be the epitome of kindness towards a younger sibling or friend. We want to spread this message as much as we can. Be nice and friendly to every person you meet! It's just a caring thing to do! Thank you!

Let's recite-

DYKER CHEER

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So we always have effective social dealings

No stone left unturned, no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need
a smile

When facing hardships and adversity, the S.E.A.L. Team goes the
extra mile!