

October 16, 2024

Good Morning I.S.201! My name is Esther Chen from class 752, and I am here for the Words of Wisdom Wednesday on behalf of the S.E.A.L team.

Today we observe Breast Cancer Awareness Day! This day helps commemorate all who are bravely fighting against this disease. Together we come to show support to those who are going through this. Let's create a compassionate environment by making a safe space to talk. Many people going through this might feel isolated so it is important to show understanding and empathy.

We should educate ourselves on this topic to make a meaningful impact. Let's highlight the importance of showing support to work forward to a more informed community.

Affirmation of the day: I embrace my individuality.

Thank you for listening and have a Wellness Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

