

October 29, 2026

Good morning I.S. 201! My name is Aila from class 813, and I'm here with you on this Thoughtful Thursday on behalf of the SEAL Team.

Today is National Cat Day!

Cats are known for being curious, playful, independent, and, of course, incredibly cute! Whether you have a cat at home, love watching funny cat videos, or simply think cats are adorable, today is the perfect day to celebrate our furry friends.

National Cat Day is also a great reminder to show kindness to animals. So, if you have a pet at home give them some extra love today maybe a few hugs, some playtime, or their favorite treat!

The affirmation of the day is, "I trust myself to make strong choices."

Thank you for listening and have a Tails and Treats Thursday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

