

IS 201 Mending H.E.A.R.T. Calendar

## 2025 ARROGANCE

March

						I listen to and value different perspectives.
2 I stay humble in my achievements.	3 I respect and learn from others.	4 I recognize that everyone has unique strengths.	5 I acknowledge my mistakes and learn from them.	6 I treat everyone with kindness and respect.	7 I am mindful of my words and actions.	8 I appreciate the diversity of thoughts and ideas.
9 I strive to be approachable and supportive.	10 I matter.	I acknowledge that I can always learn something new.	12 I recognize the importance of humility in leadership.	13 I am considerate and empathetic towards others.	14 I strive to be kind, respectful, and humble every day.	15 I stay modest about my accomplishme nts.
I value the unique contributions of each individual.	17 I appreciate the contributions of others.	18 I celebrate the successes of others.	19 I am open to feedback and constructive criticism.	20 I am aware of my limitations and seek help when needed.	21 I treat everyone with dignity and respect.	22 I am open to learning from anyone.
23 I embrace a growth mindset.	24 I am thankful for the guidance I receive.	25 I practice humility in all aspects of my life.	26 I seek to uplift and encourage those around me.	27 I recognize that my success is often a team effort.	28 I stay modest about my accomplishment	29 I am patient and understanding with others.
30 I learn from the successes and failures of others.	31 I give credit where it is due.					

Arrogance is having an attitude of superiority and thinking you are better than others. It's like when you win a game and instead of congratulating everyone, you brag and make fun of the people who didn't win. Being arrogant means you believe you are more important or capable than others, and you act in a way that shows you don't value or respect them. It's important to avoid arrogance because it can hurt your relationships with others. People may feel disrespected and avoid being around you. Instead, aim to be humble and recognize the value in everyone. Appreciate others' efforts and successes, just as you do your own.