

October 26, 2026

Good morning, IS 201! My name is Amelia from class 831, and I'm here with you on this Motivational Monday on behalf of the SEAL Team.

Today is National Pumpkin Day! With Halloween just around the corner, pumpkins are everywhere from decorations and pumpkin patches to fall treats and jack-o'-lanterns. Here at school, it's a great time to enjoy the fall season with your classmates and get into the Halloween spirit while still making sure, we're respectful and responsible. Whether you're decorating a pumpkin with your family, enjoying a pumpkin-flavored snack, or just wearing something festive, there are plenty of ways to celebrate.

So, let's bring some fall spirit into our school this week and make it a fun one!

The affirmation of the day is, "I use courage to help others."

Thank you for listening and have a Magical Monday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

